

What Do You Really Want In Your Life?

Every year, thousands of people attend my seminars to find out and discover how they can increase the quality of their lives and get the results they want. I believe the reason why you are reading this article is similar to all those who have attended or have a desire to attend the seminars I conduct. I believe that you want know how to get what you want in your life. So let me begin by asking you this question, "What do you want?" This is a simple and basic question. Yet I find that most people have no clear idea about what they really want in their life. Most of the time, people indicate that they want success, they want their life to improve, they want more money, they want better relationships, they want to be happy, they want to have peace of mind. The trouble behind all these wants is that they are either too vague or that they are not achievable. You have to learn that happiness, peace of mind or joy, are nothing more but states that we can create at any point of time. No matter what you have achieved or will achieve you will never feel these states unless you first know how to put yourself into those states. For example, many people I know go after lots of money in order to achieve happiness, only to realize later that the happiness that they were seeking is not there after they have reached their goals. They end up in depression, or even killing themselves mentally. Success may seem like a good result to achieve, but when I ask this question, "What must you achieve specifically in order for you to succeed?" I normally get the "I do not know" response. Thus it is no wonder that most people never get what they want because they do not even know what they want specifically. If you do not give your mental computer a clear command instruction of what to execute, nothing will happen. This is because if you are not absolutely clear on what you want to achieve, there is no way that you can design a strategy or plan to get what you want. Seventeen years ago, if I did not sit down and design all the things that I wanted, I would not have them right now. I was absolutely clear about what I wanted and that made me go all out and do what I needed to do to make my goals a reality. Because of the plan that I had designed for myself, I took action to start collecting notes, writing my books, start my first business in secondary school, attend personal development programmes, read hundreds of business books and spending all my free time speaking or selling something in public. The goals I had drove my decisions and my actions. If I did not have a clear plan, I would have followed the crowd, and did what everyone else was doing. Just getting my education, and getting what everyone else was getting. There is this wise saying, "If you do what everyone else does, you will get what everyone else gets." From the observation of my own life and through studying the hundreds of lives of successful people, I am convinced that achieving great results never happens just by chance. It almost always happens by design. Thus, get clear about what you want in life!

About the Author

Adam Khoo is an entrepreneur, best-selling author and a self-made millionaire by the age of 26. Discover his million dollar secrets and claim your FREE bonus report 'Ultimate Success Formula' at <http://www.Patterns-Of-Excellence.com>

Source: <http://americanahost.com>