

Forget the Secret! 3 Life Changing Steps to Success

Although the Secret is a good book to read to introduce you to the Law of Attraction, it leaves out a few crucial steps if you really want to succeed. It's not enough to change the way you think, or to think positive thoughts. There are other crucial steps on the road to success, like taking action. Below are three steps you can take to accomplish your dreams regardless of what your dream may be.

1. Know what you want. Do you know what you want? It's not enough to want to have a lot of money, marry the person of your dreams, or travel the world. You need to be specific. For example, if your dream is to be rich, exactly how much money do you want to have? Write that number down. If you dream of owning an expensive sports car, what color is it? What make and model? What does it look like on the inside? Write it down and then visualize what it looks like in your mind. Then visualize yourself driving that car. Not only should you have a specific dream in mind, you should also create a time table for it. When do you plan to achieve your dream? Some dreams take more time than others, so you may want to think about what steps are involved. Can you break your dream down into steps?
2. Create an action plan. The great King Solomon once said, "There is nothing new under the sun." There is probably someone out there who has done exactly what you want to do with your life. Find someone who has successfully done what you want to do and then find out how he/she did it. Then write down your plan. What steps will you take to reach your goal? Create a specific and manageable goal each day that will put you closer to making your dream a reality.
3. Take action. Dreams without action are nothing more than dreams. If you already know what you want, what is stopping you from achieving it? Resentment, anger, and unforgiveness can block us from having what we really want. These things are really obstacles. Do you have an obstacle here you need to remove? Look at your action plan. Follow those steps and take those steps that will help you achieve your goal. Stay focused. Don't let anything distract you from doing exactly what you need to do to reach your goal. Write your dream down on a 3 x 5 card and carry it with you everywhere you go. Look at this card every chance you get and remind yourself of what your goal is. Remind yourself why you want to achieve this goal, as well as how you will feel when you ultimately achieve it. It's not enough to have a dream. If you really want to achieve success, find out what you want, make your action plan, and then take action. You will succeed.

About the Author

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