

## Why Success is Easier Than Failure

Most people think that it is easier to fail than to succeed. Nothing is further from the truth. It is actually easier to succeed because the journey to success is one fantastic journey. Here's a concrete example. They say that to smile we need to employ around 15 muscles in the face. To frown, we have to use more than 50. What this shows is that it takes more effort to smile than to frown. The same is true with success and failure. It would actually entail more effort on our part to fail than to succeed. This is because the ways of achieving success are actually beneficial to our physical, mental and spiritual wellbeing. The most important thing that successful people possess is faith. This includes faith in their abilities and faith that things will always turn out well. They say that if your mind can conceive your body can achieve. This is true. You will be surprised that by just believing in your self, you will attract many opportunities that could ultimately lead you in reaching your goals. Faith will replace the fear that will attract negative things in your life. Successful people always have a plan. And after you have made a plan you should stick to it as faithfully as possible. A plan is alike a map that will lead you to the road to success. If you don't have a plan there is great possibility that you will get lost in the byways and highways of life. Making a clear plan will also help you increase your confidence which in turn will make you a stronger magnet for positive things. If you have a plan you will not also be easily swayed by wrong judgment and negative comments from other people. Discover your passion. Successful people are successful in what they do because they are genuinely passionate about it. These people do not merely work to have money or material success. They work because they love what they are doing and are passionate about it. Material success is simply a byproduct of following their passion. How to discover your passion? Well it is very simple. All you have to do is to ask your self what are things that truly excite you and what are the things you really enjoy doing. Learn from your mistakes and the mistakes of others. Successful people treat life as a learning experience. They are not ashamed of their mistakes. They also do not dwell in the unfortunate events that come their way. Instead, they draw valuable lessons from these experiences and use these lessons to propel them in achieving their goals. Successful people also take lessons from the mistakes of others. They are aware that they can avoid costly mistakes by simply learning from the experiences of other people. Be aware of your thoughts. Never ever think on a poverty level. Remember that nothing happens in your life unless your mind has pictured it first. Always try to think positive thoughts and say positive things. You will be amazed at the power that positive thoughts and words can bring to your life. Eliminate negative and limiting words from your vocabulary and replace them with positive and empowering ones. Try to let go of the past. Though it is important to draw lessons from past experiences it wouldn't serve you well to dwell on them. Stand up where you have fallen and continue the journey. Letting go of the past will free your self up from the burden that it brings and will free your life to the blessings that will come your way. Keep on improving. Remember that life is an endless journey and that learning should never stop. Never even think that you have reached your potential. There is always room for change and each day is an opportunity to improve yourself in every aspect. Always do your best. Remember that anything worth doing is worth doing well. Never ever turn out a mediocre work. Of course you can never be perfect but you can always strive to be excellent. Enjoy life! Maintain a sense of humor. Do not take yourself too seriously. What seems like an insurmountable problem today would be a mere joke in the future. Take time to laugh. Enjoy and smell the flowers.

## About the Author

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