

Suggestion And Unborn Baby

This interesting article addresses some of the key issues on suggestion and unborn Baby. A careful reading of this material could make a big difference in how you think about this topic. The information about suggestion and unborn baby presented here will do one of two things: either it will reinforce what you know about suggestion and unborn baby or it will teach you something new. Both are good outcomes. According to Wikipedia, the free encyclopaedia, suggestion is the name given to the psychological process by which one person may guide the thoughts, feelings or behaviour of another. The power of suggestion is an amazing tool to help you achieve something that you want. Our subconscious mind is controlled by the power of suggestion. This method is most effective when carried out just before you go to sleep because your conscious mind is then less active. During my third pregnancy, I was bleeding in the 5th week. While doing the examination, the doctor discovered the shape of the water-bag was irregular and had many angles. In addition, the doctor told me that he had not been able to get the heartbeat of my baby. I started to be concerned about my medical condition. I calmed myself down and suggested to my third child, "Baby, I need your help. Can you heal yourself? Your water-bag is getting round and smooth. You are strong and healthy. Your heartbeat is normal and strong." I suggested to my baby about 3 times a day which included one just before I went to sleep. Within one and a half weeks, the shape of the water-bag was getting rounder and smoother. The doctor was able to find the heartbeat of baby in 6.5 weeks. I was simply overjoyed with the progress and expressed my gratitude to my third child. In addition, I used suggestion to tell my unborn baby about wake up and sleep cycle. I told him daily before I went to bed, "Felix (name of my unborn baby), you shall sleep at 9:00 p.m. and wake up at 7:00a.m. Good night. I love you. Please wake me up with a gentle kick at 7:00 a.m." With practice for a week's time, he could wake me up at 7:00p.m. His sleeping and waking up times synchronize with my sleeping and waking up times. This example shows that unborn baby is responsive to our suggestion. I found that applying the art of suggestion was helpful and powerful for the healing of my third child. The response from my unborn baby was remarkable. So now you know a little bit about suggestion and unborn baby. Even if you don't know everything, you have done something worthwhile: you have expanded your knowledge. Disclaimers: The author shares this article based on her personal and work experience and disclaims any responsibility for any liability, losses or damages and /or application of any of contents of this article.

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