

## Learning How to Sing Better with Larynx Control Like A Pro

If you want to learn how to sing better, the key lies with larynx control. If you can learn to control your larynx, you will be singing like a pro in no time. Larynx control will help you improve the range and quality of your singing voice. Your larynx, also known as a voice box, is a group of ligaments, muscles and cartilage in your throat. It is responsible for making your voice sound the way it does. If you want to be singing like a pro, you need to understand larynx position. As you use your voices, your larynx moves up and down. That is why some people sound clear and crisp and others make a sort of nasal sound when they sing. It is all in the larynx control. If you want a better singing voice, you need to learn to keep your larynx in the best position. What is the best position? Well, your voice will sound best if you keep your larynx centered. The problem is that, when you sing, the muscles which are in charge of raising and lowering your larynx have trouble relaxing. So, particularly if you are trying to sing high notes, your tone will suffer. To begin learning how to sing better, you first need to learn some larynx control exercises. Start by yawning intentionally while resting your finger on your adams apple, the uppermost of two small notches on your throat. As you let the air out when you yawn, say "Ahhhhhh!" You should notice that your throat feels relaxed, your tone is richer and you can feel your larynx being gently pulled down. By doing that, you are actually going to cause sound to have to travel a greater distance. The extra distance helps to amplify the sound waves and give you a better singing voice. If, on the other hand, you were to say the word "nay" in a nasal tone of voice and feel your throat, you will notice that your larynx is forced upward. That will reduce the distance that the sound travels and cause you to lose voice quality. So, it is important to both understand how your larynx works and practice relaxing your larynx muscles, if you want to be singing like a pro. There is a technique called speech level singing, which can help you learn larynx control. It helps you to train your voice to be less tense and more relaxed. Your tone will gradually become richer and you will be able to sing better than ever before. The bottom line is that your larynx is an important part of your body, especially if you want to sing better. So, learn to control your larynx muscles and you'll be singing like a pro in no time at all!

### About the Author

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