

Happiness - How Find The Spring Of Joy Using Music!

It is very often observed that the wonderful feeling of happiness is given expression in the forms of songs, literature and life. Every one who is seemingly happy in this world is so immersed in that whole experience that rest all becomes irrelevant. Wise Men have often commented that happiness is what all humanity seeks and works for. It is a very spontaneous for human beings to look for all the materialistic and other types of pleasure that are sources of happiness. The absence of this emotion renders us lifeless and full of melancholy. It leaves us with an empty feeling where the individual has nothing to look forward to and impatiently waits for some relief in the form of eventual death. People from creative fraternity like novelists, songwriters, lyricists and all those capable of expressing their happiness in the form of written word have explored this avenue extensively. It is their own unique way of communicating or may be passing on this wonderful feeling to the readers. The world is full of such people who are ever ready to remind the common man running helter-skelter for livelihood, the importance of happiness. These individuals give expression to happiness through various forms of arts and songs to drive the point home that amidst the realities of daily life, the essential factor that drives every human being is happiness. Sadly though, not everyone is able to comprehend the significance of their effort and thus a great number of people continue to live lonely lives. Happiness is available everywhere around us. We just need to stand up and put little effort to lap it up. Unless we do that, it will continue to remain a long distant dream. The lyrics of many songs written on happiness brim with the importance of this feeling and evoke it naturally in our life. The fact that songs are capable of moving individuals in a positive direction is undeniable. If the song is full of melancholic feelings associated to lost love, it will undoubtedly evoke the same feeling within us and take our mood in the same direction. On the other hand if the song is more to do with friendship and camaraderie, it evokes the feeling of bonding that we share with our friends and reminds us of the sweet memories of childhood. In the similar manner, the songs that are all about happiness, target to evoke the same feeling from within our lives. Our life is essentially like a mirror in which all these external stimuli find an expression. Just like the songs of love and melancholy, the songs of happiness also have various facets to them. They can either be implied or explicitly described. Whatever way the song may have been put, it invariably ends up extracting the feelings of joy, gladness and pleasure from our life. The lyrics of such songs about happiness play a significant role in this entire process. The focal point of any song that is written on happiness is to bring out and communicate the feeling of happiness in the songwriters' life. The difference in such songs mainly lies in the combination and delivery of the final words. Such songs may also be full of personal experiences that the writer has gone through. Just like when one cries, the lyrics of the songs on happiness are also capable of lightening the heart.

About the Author

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