

## Using The Law Of Attraction To Get What You Want

When you give energy to things, you give them power. While this is good when we are giving energy to things like positivity, but when we give energy to negative things, it can have an impact on your life that is less than desirable. The Law of Attraction says that like attracts like so resistance attracts resistance. In short, resistance perpetuates resistance. It throws progress into an unending circle where it is stunted and inhibited. You can see how this principle works by examining our history. It seems that some of the greatest controversies revolve around resistance and the natural course of response.

- \* Prohibition - When alcohol was outlawed, it actually served to create even more illegal alcohol consumption.
- \* Gun Control - As gun control has tightened in our country, more guns are hitting the black market - and hitting the streets.
- \* Abortion - When abortion was made illegal, many young girls were permanently scarred - or died - when they resorted to alley doctors with folding tables and dirty knives.
- \* Diet - Diets very rarely work on the long term because many are based on the concept of deprivation and this usually can not be kept up for the long term.
- \* Anti Drug Campaign - Outlawing drugs made them much more attractive and more drugs were created to compensate. People began purchasing over the counter medication and finding "legal" ways to get a fix.

Where Attention Goes, Energy Flows When you focus on a situation or thing, you give it energy. The Law of Attraction tells us that when we focus our energies toward something, we give it energy. The more attention we give it, the more energy it gets and the stronger it becomes. Take, for instance, the country's "war on terrorism." The irony of this situation is that its intention is to eliminate terrorism, yet it seem to only create more of it.

Head in the Sand, Things get out of Hand Another side to this issue is the resistance to pay attention to important things. When you stick your head in the sand and hope that issues will go away, they rarely do. Cho Seung-Hui, the gunman who killed more than 30 innocent people at the Virginia Tech massacre in 2007 is one such example. All the signs pointed toward Cho, indicated that he was disturbed, but people chose to stick their heads in the sand and pretend everything was fine. It was not and the resistance to take positive steps toward getting him help and getting him into a place where he could not harm others had a high cost. It cost more than thirty people their lives and compromised the safety of many more.

What you Resist, Persists The Laws of the Universe, the Law of Attraction, does not discern between good and bad, right and wrong, it only knows that like attracts like. So what you resist, good or bad, right or wrong, that element will persist. Sometimes it is best to quietly pursue endeavors because a world of passivity borders dangerously on apathy. This is not to say that certain things should not be done, but to focus so much resistant energy on them will only serve to give them greater power.

## About the Author

Since 1989, Antonio Thornton has helped over 11,000 people achieve their dreams. Discover the secret to what's holding you back and finally live the life you desire faster and easier than you can imagine. <http://www.prosperable.com/cfm>

Source: <http://americanahost.com>