

## 30 Days to Manifesting Your Desires

There are so many resources on the market today that will tell you how to attract more money, better health, a new life partner and so on. With so many choices, you can easily spend a small fortune trying to figure out which method, technique, or affirmation will help you manifest your desires. Why not simply work on manifesting the best method for manifesting? Have you been using the law of attraction but not having much in the way of results? I hear that a lot from people. Has using law of attraction been frustrating at times? So many people after viewing *The Secret* have felt all they need do is simply wish their desires into being. Well, that is partly true. But, generally what happens is we wind up getting in our own way and never attracting what we attempted to. How do we manage to get in our own way when using law of attraction? It is our ego. It is by feeling we have to be in charge. We simply can't let go and allow God or spirit to assist us. That would be too easy, it would be too simple. In all honesty, that is exactly what you do when working with the law of attraction. As a certified law of attraction coach, one of the first things I help clients do is learn to get out of their own way and start relying on faith which is the key to manifesting. I have been asked what the difference is between faith and belief. Well, in a nutshell, you can believe in things that are good and you can believe in things which are bad such as negative beliefs which hurt or block you (limiting beliefs) but you can only have faith in those things which come from God or source which are always good and good for you. People often ask why they haven't received something they have been focusing on. Perhaps they are blocking it with doubt or possibly it is not meant to be for them in the particular manner in which they are requesting it. There is a solution to this dilemma. It comes in the form of an affirmation. This is not your typical affirmation. You only need focus on this affirmation for 30 seconds a day and then forget about it. Your subconscious mind will retain what it needs to and so will the universe. Try using this affirmation every day for the next 30 days and watch how your life changes. Here is the affirmation to use. Even though this situation looks bad (or hopeless or endless) I am opening a Window of Possibility to an unexpected outcome. When doing the affirmation, first think about the situation you wish to change or attract. For example, if your finances are less than adequate you may desire a larger income. Try focusing on attracting income. So your situation would be income situation. By using the following wording, "I am opening a Window of Possibility to an unexpected outcome", you are releasing all control over the expected results and allowing God, spirit or source to send you what is best for you. This could be in the form of people, opportunities, unexpected windfalls, and so on. By releasing control, you surrender your request to your source or higher guidance and place yourself into the position of allowing. This is when manifestation will occur. If you like, you can really kick it up into high gear by using EFT (if you are familiar with this energy technique also know as Emotional Freedom Techniques) but that, dear friends, is an entirely different article. As a life coach, I use this affirmation myself and have experienced wonderful results. As a certified law of attraction practitioner, I recommend it to my clients and they also have and are enjoying wonderful results. Wishing you all the best of success and wonderful manifesting using the law of attraction.

### About the Author

Judith A. Wentzel, CTACC, EFT-ADV, Life Coach, specializing in law of attraction & EFT who educates, liberates, & empowers clients enabling them skyrocket their life or business. Shift your life from fine to FANTASTIC! <http://www.usinglawofattraction.com>

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