

Prenatal Memory Of Unborn Baby

Do you believe in prenatal memory? Some people think that children do not have prenatal memory. I am puzzled about it initially. I started to read books written by Dr. Makoto Shichida and checked with my children about this topic. Those of you not familiar with the latest study on prenatal memory now have at least a basic understanding. But there is more to come. I communicated with my first son when he was only a 7 months old foetus. I talked to him, read books and sang to him daily. When he was 5 years old, he was able to recall the experience in the womb, sharing with me that it was dark inside and what it was like playing with the water inside my womb. I asked him, "What did you hear in my womb when you were an unborn baby?" He said that he could hear sounds, but they were not clear. He heard gulp sound. (It is because I had wind during my pregnancy). He heard grandma sang the song (Little Bo Bo). He loves this song. He could sing this song. I practised prenatal training with my second son when he was a few months old foetus. I attended the prenatal lesson with him then. He kicked to tell me to take note when teacher talked about unconditional love and acceptance to unborn baby. I felt touched by his response to the prenatal training lesson. When he was 2 years old, he told me surprisingly, "I know your teacher (May Ng) for a long time when I was in your womb." He had this memorable experience of his prenatal memory. He drew a picture of my womb to my teacher. He described it as cosy and comfortable as a pillow. Based on my children's sharing and my reading, I started to believe strongly in prenatal communication. I was fortunate that my first pregnancy was smooth. However, this was not the case with my second pregnancy which had complications. What I would like to do is to share with the experience and the learning that came out from this trying pregnancy in the hope of helping anyone who may go through a similar experience. At the same time, I believe it will shed more light on the subject and give women a sense of control over their pregnancy. The prenatal memory is an important and first memory of a child. I encouraged parents to talk with your children about their prenatal memory when they are ready. They could tell you their memory when they were in the wombs. It is a wonderful moment to share with your children about prenatal memory. If you've picked some pointers about prenatal memory, I hope you can put your learning into practice and find out more about the topics from your children. Disclaimers: The author shares this article based on her personal and work experience and disclaims any responsibility for any liability, losses or damages and /or application of any of contents of this article.

About the Author

Ms Mak Wai Chong, a mother of 3 children, is a freelance trainer and counsellor. She has worked as social worker and counsellor for 17 years. Visit her website at <http://www.WiseParents.net> for prenatal training and parenting information and FREE newsletters.

Source: <http://americanahost.com>