

Revealed - Your Greatest Gift

Rushing to work, chasing after the family and covering the bills each month, sometimes in our busy lives it can feel like we are riding an increasingly fast treadmill that just keeps on running and unfortunately not always in the direction we would like. However through the rush there is nothing like a new born child to make you appreciate just what a wonderful thing life is. Remember that last time you saw a relatives or your own new born child. Aside from everything else seeing them always reminds me that we have all received an amazing gift that is our own life: including our body, thoughts and indeed the ability for us to create within our own lives the situations and circumstance we desire. It supriser me a bit when people seem to be happy to let themselves be governed by the expectations of society rather than what they would actually prefer to do if they really sat down and thought about how they would like there lives to turn out. I guess it all comes down to being intentional with your actions and knowing that the only person who really controls what is going on in your life is yourself. Maybe it is because it is quite easy to go with the flow and follow the norms, taking the safe options in life or being persuaded by the advice of others and subsequently not really following your preferred choices. Remember what is right for one person is not always right for another. What I am really saying and reminding myself of aswell is that the only person who knows what is best for you is you, and that it is not selfish to break from the norm and to actually take action to achieve your goals and desires. Refuse to let life and circumstance push you around. Instead be positive, always start something with the end in mind and know that you can and will make a success of it. Just contemplate now what it is that you would be happy to strive for and make your mind up to achieve it. By not striving to achieve something are you making your life happier or unhappier which life would you ultimately prefer? So, what are you striving for or are you still drifting being pushed around by circumstance? Make a firm choice now and it could transform your life. Start by simply making a list of some of the things you would like to achieve. Now give yourself some sort of time scale to work with. When exactly would you like to have achieved these things by? How will you achieve them. Now, create a simple straight forward plan in writing and determine to stick to it. By simply following these few steps you are dramatically increasing your chances of success. Go ahead and do it now, nobody will do it for you.

About the Author

Author Tim Ryan provides FREE guidance and training on the power of positive thinking. Simply click: <http://PositiveMindwealth.com> to discover more.

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